















## Thika Road Christian High School

Let your light so shine before men. that they may see your good works, and glorify your Father which is in heaven, Matthew 5:16



#### **VISION**

THIKA ROAD CHRISTIAN

To glorify God as a model Christian high school in principle & practice.

#### **CORE VALUES**

RESPECT **CHARACTER WISDOM INDUSTRIOUSNESS CO-OPERATION NATIONALISM DEDICATION** 

#### **MISSION**

To provide a safe and conducive environment for holistic learning that will lead students to build their spiritual faith, to become life-long learners pursuing excellence while discovering their Godgiven potential and purpose in life in order to become leaders ready to serve the Lord.

#### **TRCHS 4Cs**

onfident Faith onsistent Character ritical Thinking ompassionate Service





#### **DESIGN, ILLUSTRATION & LAYOUT**

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word from the DIRECTOR

raise God! Indeed He has been our Guide and Protector as we reflect on our milestones as a high school. The year 2020 began on a high note with the pioneer Class of 2019 graduation. We celebrated the 100% pass of our KCSE candidates on 11th January. A few weeks later, this was the first message that I wrote to parents in 2020.

"We thank God, our Ebenezer, for this far He has been with us and guided us into the year 2020, a new decade. We can only imagine what blessings He has in store for those who love Him! We are excited about moving forward with the school's expansion plans and impacting more students and parents of our community."

At that time who would have imagined how the year would unfold. Both the teachers and students as well as our parents had no idea that Kenya would be affected by the global, covid-19 pandemic. Looking back, the year 2020 reads like a fictional novel ... schools shut down, churches closed, families sheltered indoors, working from home or not working at all. By God's grace we are truly thankful to the Lord for His watch and care over our lives.

On 15th March, 2020, President Kenyatta announced to the nation that schools would be closed due to the highly contagious spread of covid-19. We quickly arranged staff meetings for different sections of the school. Parents were requested to collect textbooks and assignments for the students. What we anticipated would be a two-week break turned into a sevenmonth shutdown for all of the students except those in Grade 4, Standard 8 and Form 4, who returned on 12th October, 2020. We were filled with uncertainties. Would the curriculum be covered or would the academic year be wasted? How would the national exams be rescheduled? Since our school follows the 8-4-4 and the 2-6-3-3 curriculums outlined by the Ministry of Education, we depended on the news stations, newspapers and roadside announcements to plan as various options on the way forward were considered.

Shifting to a digital classroom required maximum collaboration and cooperation. Since schools did not reopen in May, 2020, our teachers pivoted quickly to online learning. With the support of our parents

who supplied devices and wifi connection, we tried to make the best of the new-normal circumstances. At the beginning, many parents were also able to work from home (WFH) so supervision was possible. With the ominous announcement that 2020 was cancelled and that all students would repeat in 2021, there was decreased motivation to continue e-learning in September. Public outcry and feedback from the educational sector, however, resulted in a plan that would recover the two missed terms by expanding to four terms in both 2021 and 2022.

All of us were touched one way or another by the passing of a relative, neighbour or friend. Although the death of thousands could have been much worse, many homes will never be the same. With our eyes on the Lord, our parents and students were indeed glad to return to classroom learning on 5th January, 2021! We have experienced God's favour on the health and safety of our students, teachers, staff and parents. We adjusted to temperature checks and wearing masks. We prayed together that God would give us increased wisdom to navigate the journey! He sees the end from the beginning of everything.

The Ministry of Education calendar extended Term 3, 2021 until April, 2022 so once again this second issue of Our Highlights touches on four different years of our journey. Welcome once more to a declaration of God's goodness for His glory!



#### School (Study Habits):

Set personal targets Master corrections Ask questions Revise continuously Time management

#### Family Life (Sharing Moments):

**S**cripture together Meals together **A**ctivities together Relax together Talk together



### Thika Road Christian High School Staff 2020 - 2021

#### **MANAGEMENT BOARD**



















Chairman

1. Rev. Julius Kiagiri **Board Members** Mr. Joseph Nyamai 3. Mr. Raphael Ngugi 4. Mr. Ezekiel Wasuna 5. Mrs. Grace Kambo Dr. Quin Juma Mr. James Kabii 8. Mr. Haron Gicho

10. Mrs. Rachel Macharia

11. Mrs. Kathleen Kiagiri - Secretary





































**PRINCIPAL** 

Mrs. Kathleen Kiagiri

#### **ADMINISTRATIVE ASSISTANT**

Mrs. Lucy Kingi

#### **TEACHERS**

- Mrs. Teresina Onyapidi, Form 1T Class Teacher; Chemistry F2/F3, Maths F1T/F2, Girls P.E. F3/F4
- Mrs. Naomi Agini, Form 1R Class Teacher; English F1R, French F1 F4
- Mr. Martin Ihatika, Form 2 Class Teacher; History F1T/F2/F3/F4, English F3/F4, Boys P.E. F3/F4
- 6. Mrs. Nelly Wasuna - Dean of Girls, Form 3 Class Teacher; C.R.E. F3/F4; Geography F1/F2
- Mr. Job Were, Form 4 Class Teacher; Biology F1T/F3/F4, Chemistry F1R/F4 7.
- Mr. Jacob Owuor, Deputy Principal, Physics F3/F4
- Mrs. Anne Otieno, Kiswahili F1R/F2/F4, Geography F3/F4
- Mr. Evans Sum, Academic Dean; Business Studies F2/F3/F4, Maths F3/F4
- Mrs. Carol Koome, English F2, Literature F1T/F2/ F3/F4, Girls P.E. F1/F2
- Mrs. Esther Kangiri Biology 1R and 2; Agriculture 12. F1 - F4
- Miss Ruth Muema Chemistry F1T; Physics F1T/
- Mr. William Pamba Lab Assistant: Biology, Chemistry, Physics
- Mr. Jacob Malandi Kiswahili F1T
- Mrs. Elizabeth Njoroge, Maths F1R, Business Studies F1T/F1R
- Mrs. Anne Mburu C.R.E. F1T
- 18. Mr. Kamau Mburu – C.R.E. F2
- Mrs. Lucy Githinji C.R.E. F1R
- 20. Mrs. Hellen Okile English F1T
- 21. Mr. Stanley Mukonambi History F1R, Kiswahili/ Fasihi F3
- 22. Miss Beldina Macharia Swimming, Term 1
- 23. Mr. Gabriel Muloki Music F1 F4
- 24. Mr. Benson Njiru Boys P.E. F1 F2

#### SUPPORT STAFF 2020-2021



Ruth Kanini Mwau Evans Ireri Munyoki Support Staff



Kitchen



Kitchen

Mary Nduta



Support Staff



Support Staff





Security

## Class of 2019





# 2020 CALENDAR OF EVENTS

6th January	2020 Theme: Work Hard, Work S.M.A.R.T.							
	Term 1 Opening Day – Forms 2, 3 and 4							
8th January	Form 4 Mentoring by the "A Team" of TRCS Alumni							
11th January	First Annual Graduation, Pioneer KCSE Class of 2019;							
	Speaker: Pastor Julius Kiagiri							
13th January	Form 1 Orientation – Transform Nations							
17th January	Career Fair, KICC – Form 3 and Form 4 students							
24th January	Digital News by the Journalism Club in Chapel:							
	Talya Narotso and Naomi Chebet							
	Inter-Class Football/Basketball: Form 4 Boys							
31st January	Selection of Prefects							
7th February	Science Congress Training – W. Pamba, R. Mwema							
	Boys Football Match at Faith Ventures, 1-3							
20th February	ICDL Testing, Form 2 (35 students) and Form 3 (18 students)							
29th February	Parents Meeting, Health in Teenagers –							
	Mr. and Mrs. James Mwangi							
2nd March	First Student Cabinet Meeting							
6th March	KSEF Nairobi North, Pumwani Boys, 19 entries,							
	E Kangiri, R Mwema, W. Pamba							
7th March	Appointments: J. Owuor – Actting Principal,							
	E. Sum – Academic Dean; N. Wasuna – Dean of Girls							
12th March	Kenya Mathematics Olympiad, Round 1							
14th March	Run for the Bibleless cancelled due to corona virus							
15th March	Presidential Announcement to close schools							
26th–28th March	Regional KSEF Science Congress, Moi Girls							
	cancelled due to covid-19							
8th April	Swimming Day, Safaricom Aqua Stadium cancelled							
4th May	May Session Opening Day, Google Classroom							
31st July	End of May Session							
28th August	Deadline for Talent Competition submissions,							
	Unmasking Your Talents							
1st September	September Session Opening Day, Google Classroom							
12th October	Form 4 students returned to the classroom							
30th Nov–11th Dec	Form 4 Pre-Trial KCSE							
15th December	Maths Forum							
16th December	Form 4 Seminar, Tomorrow Begins Today, Keith and Anne Nyambane							
17th December	End of October Session, Form 4 (MOE Term 2, 2020)							
18th December	Open Day, Form 4 Awards by Parents							



### Term One 2020

#### CAREER FAIR AT K.I.C.C



















KCSE 2020 Agriculture Practical

KCSE 2020 Agriculture Project: Form 4 students all prepare to plant 200 seedlings each in the school greenhouse.





	Вс	ys Football						
7th February 2020								
Faith Ventures	1	3						
	Giı	rls Handball						
	TRCHS	Primary						
19th February 2021	7	5						
9th March 2021	3	9						
9th September 2021	6	1						
	Basketball							
12th November 2021								
	Boys Basketball							
	TRCHS Cardinal Otun							
	21	19						
	Girls Basketball							
	1 12							
17th December 2021	Sports Day							
	Winnin	ig House UMOJA						
11th February 2022 Ba Otunga	all Games v	vith Cardinal						
	TRCHS	Cardinal Otunga						
Boys Football	0	3						
Girls Handball	12	2						
Boys Basketball	17 21,							
Girls Basketball	7	14						















## S C I E N C E CONGRESS

















## **Online Learning Comments**



#### K. Kiagiri

Thank God for His providential timing. Schools were closed from 16th March, 2020, one week after Pastor Kiagiri's medical trip to India and re-opened on 12th October, one day after our return. We were able to communicate through social media including virtual staff meetings and prayer sessions. Through online learning God provided and protected His school, TRCHS!

#### A. Mburu

It was exciting teaching from home and reaching more students than one could accommodate in class. Challenges present opportunities to explore something new and employ new problem solving skills. We truly thank God who enabled us to embrace change.

#### A. Otieno

I had to learn how to teach online in a very short time. God gave the grace. It was a time to try new recipes with my children. We had more time as family. Thank God for that season also enabled me to advance my studies. All things work together for our good.

#### C. Koome

Over the course of an extraordinary learning year, online teaching and telecommunicating made me and my students to be better explorers of the beauty of technology. Although it was a unique technique I learned to keep instructions simple, life's uncertainty and more so to always appreciate the physical fun times we enjoy together with my students and colleagues.

#### E. Njoroge

It was a wonderful moment though challenging but God gave us an opportunity to interact with the students online. This placed our school on the next level, not only then but also now that we can hold online meetings even with the parents. It was a worthy investment.

#### E. Kangiri

It was a year that seemed to collapse in on itself. When days were sometimes hard to tell apart; when weeks seemed to merge; when timelines seemed constantly to shift. Life would return to normal in a matter of weeks, we first thought. Then months, or maybe it would be years. The new normal we called it. Yet in all this only God's faithfulness remained constant as we had to adjust. Online learning became a pedagogy we will forever embrace.

#### J. Malandi

Virtual learning over the period of covid-19 was a transitional time from the norm. Both the teachers and the learners had to adjust and cope with the change which came as an emergency. To me the experience was very helpful in terms of learning by engaging with the students online. During the first two weeks, we had a bit of challenge, but as time went by everything seemed to be getting better. However, for the evaluation of the whole experience, we will need to put in place a system of monitoring the learners' work. Parents to be involved more in terms of their supervisory role for the purpose of updating the school on their children's progress.

#### E. Sum

The start was challenging, but one understood. I always looked forward to online classes. It was always great being assisted by students where they knew better.

#### Improvisation as a teaching tool G. Muloki came in handy during online classes. Running an online music festival and music club was exciting for me and my students.



There was no such exciting moment like being a teacher online; navigating Google Meet; balancing work at school with family attention under the same roof. How challenging it was maintaining class discipline online!

#### 1. Owuor

Covid-19 placed us on the level of apprentices. I learnt how to teach online while actually doing it. It was a good challenge to be able to flexibly fit in new ways of doing things.

#### H. Okile

The uncertainties of covid-19 did not make things better. However, looking back today, the break gave me a great opportunity for healing. Having joined TRCS just before schools closed down, I now am glad for the time I had to re-energise. It made meeting the students again and working with them all the more rewarding. Truly, all things do work for good.

.......

#### K. Mburu

I thank God for the virtual platform. The synchronous classes allowed me as a teacher to interact with my students live. This was a robust approach to learning though it had its own limitations compared to the traditional face-to-face classes. Administering exams online was my highlight.

#### L. Kingi

It was an exciting yet challenging moment. I took a day at a time to be able to grasp new ideas and methods of communicating.

#### L. Githinji

The experience was great and especially having to create and maintain a good relationship with students, some of whom we never got to meet physically and they all learnt and each of us achieved our goals by the end of the day. It was also impressive to realise that students can work even with minimal supervision.

#### M. Ihatika

What a moment in History! It caused an improvisation approach in our teaching. It was exciting to learn and to teach online with its challenges. Telecommunication Learning it was! Even morning warm-ups!

A challenging, yet an awakening moment as studies had to go on but not in the usual, normal classroom. Adjusting to an online system, though a welcomed idea, was not in itself easy; learning new features on the computer and at the same time wanting to deliver what's best to the students felt like an uphill task. A myriad of opportunities, however, featured: adaptability to new systems and being innovative as a professional teacher while teaching from home.

#### W. Pamba

It was the most challenging time now that practical work like titration or electricity could not be done online but glory to God that students acquired a lot of theoretical knowledge.

#### N. Wasuna

2020 was a period of time in my life as a teacher, a mother and a wife that I had to learn to wear and balance all these three important hats at once. I got to acknowledge, as a teacher, the power of online teaching and learning. The availability of a number of online learning tools, i.e. videos, PDFs etc. made teaching more efficient and exciting at the same time. I actually covered more content online because it also gave a provision of extending the lesson plan beyond traditional textbooks. God gave me new and unpredictable methods of keeping discipline issues under control and this worked well. Teamwork among teachers was so evident as all of us were teaching and learning online at the same time. Above all God's protection and provision was experienced by my family members. One day at a time was an experience to behold!

#### T. Onyapidi

The covid-19 pandemic was a real definition of together in strangeness. Having never been in a pandemic with my students, I was moved with the resilience and suppleness we all exhibited during the time. Logging online and seeing students ready on the other end, day in and day out despite the fears and anxiousness that surrounded the world was very heartening. Not forgetting God's provision and preservation of all the people I know, how I pray that His peace and love become so contagious and infectious to all nations to reach all the ends of this world just like covid-19 did.



We thank God for the flexibility, creativity and due diligence of our teachers who have tried their best to maintain a learning experience for the students. We know that there are both advantages and disadvantages of online learning. As we dream and plan about the "new normal" there are lessons to be learnt. Let us not waste our isolation. We welcome the time to innovate and expand our boundaries without the day-to-day commuting and workplace diversions while also appreciating anew the school culture and traditions that we dearly miss.

Without repeating much of what has been written and shared about e-learning, allow me to personalize the TRCHS experience. How are we making progress in achieving our core values? Suggestion: make time to discuss these points as a family.

**RESPECT** – Value the guidance of your Godgiven parents and teachers. Learn to express your concerns and opinions respectfully. Your feedback may help others as well as yourself.

#### **Online Learning and Our School's Core Values**

CHARACTER – Do your work with integrity without excessive supervision. Independently avoid online temptations and distractions. Have you earned more trust from your parents or given them cause to doubt? Walk the talk. Be doers of the Word and not hearers only.

WISDOM – Moving instruction from the classroom to the home emphasizes the life-long nature of learning. Never despise opportunities but value this time to move ahead. Develop a strong, intrinsic interest in improving yourself. Last year 15% of the 2019 KCSE candidates achieved C+ and above for direct university entry compared to 30% of the TRCHS pioneers. Following the public school pace is not our practice.

INDUSTRIOUSNESS – Learn to balance hard work and free time. Leisure is enjoyable as a break, not as a full-time activity 24/7. Nurture your zeal to excel and improve to perfection. When the 2020 Olympics were postponed, the champion athletes did not stopped training. Keep on doing your best for your own future.

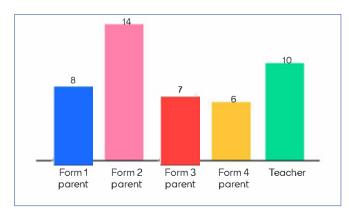
CO-OPERATION – Parents and teachers are working together more than ever. Some of the disruptions, e.g. lack of devices, no electricity, poor internet or financial constraints, are useful in developing life skills to overcome obstacles creatively. Finding solutions in the process is a life-long competency.

NATIONALISM – Support our leaders with prayer as they chart the way forward out of the covid-19 pandemic. Work together on safety, sanitization, social distancing and guidelines for your own good as well as the welfare of others. Love thy neighbour as thyself!

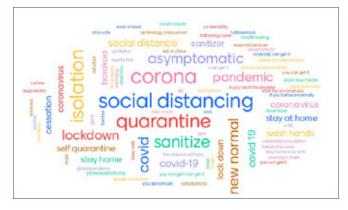
**DEDICATION** – There is more time to read the Bible and pray. Make it a priority. Put God first in your life. At this time of uncertainty we can trust God Who knows the end from the beginning.

#### **Online-Learning Questionnaire Results**

Welcome! who's here?



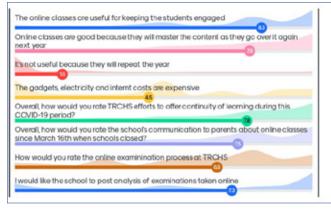
What new words/phrases have you learnt during this time of COVID-19?

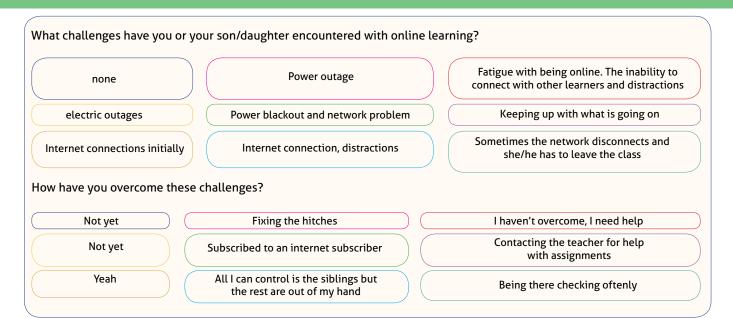


What was your childhood dream? "when I grow up I want to be a..."

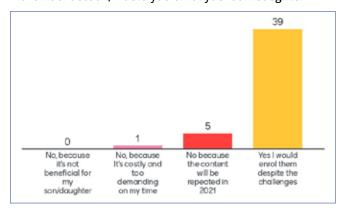


Rate the following statements in regard to the online classes offered at TRCHS

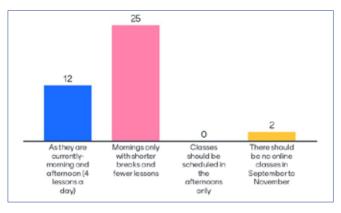




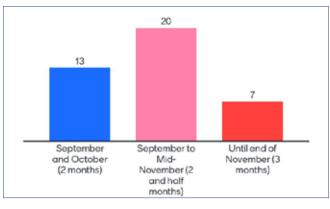
If online classes are offered at TRCHS in September - November season, would you enrol your son/daughter?



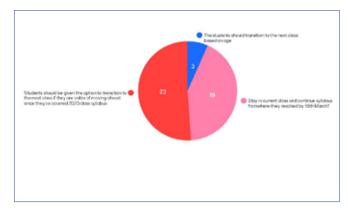
How should online classes be scheduled during September to November season?



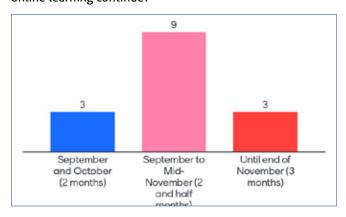
During the September - November period, how long should online learning continue?



What is your opinion on class transitions in January 2021 (subject to GOK guidelines?



During the September - November period, how long should online learning continue?



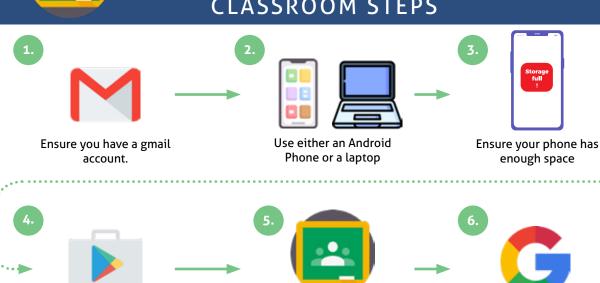
"When I grow up, I want to..."What is your current reality? What did you become now that you're all grown up?



### online-LEARNING.



**CLASSROOM STEPS** 



Download the App from the Play Store or connect directly from Google.



Create the Google Classroom Account.



Add all the subject teachers.



The account will generate a unique code.



Notify your parents about the digital account.



Send the Google Classroom Account code to parents.





Invite pupils to join in using the code.





Subject teachers agree on the type of content - create, source from existing sources.





Begin uploading, attaching, sending to learners.



### **ONLINE LEARNING AWARDS**

These students were recognized during the closing virtual session on 13th November, 2020

#### **LEADERSHIP BY EXAMPLE**

Collins Waweru (F1R), Mike Mugambi (F2), Breanna Ndwiga (F3)

#### **CLASS COOPERATION**

Austine Murima (F1T), Tess Kariuki (F2), Chris Kiarie (F3)

#### **OUTSTANDING EFFORTS**

Tessie Juma (F1T), Lexy Hope (F2), Lowell Masibo/George Gitere (F3)





First Talent Showcase Online Festival Awards

#### Theme:

**Unmasking Your Talents!** 

#### Submission deadline:

28th August, 2020 during the shutdown

Congratulations!
Certificates were issued.

#### **Voice Solo:**

- 1. Linda Nyawira 88%,
- 2. Austine Murima 84%,
- 3. Loise Amani 80%

#### **Instrumental Duet:**

1. Joseph Kadenge 91%

#### **Own Composition:**

1. Zachary Kariuki 90%













## CLUBS







### Bible Translation & Literacy (BTL) Run for the Bibleless Walk

Thursday, 16th September, was a colourful afternoon as all of the students and teachers gathered at the school track. Most completed the 4 km walk of 10 laps around the track. Bro. Aggrey from BTL flagged off the participants in order by classes. The total collected was sh. 113,430.

A rabbit-keeping venture was started with the purchase of 6 California White rabbits. The hutch was constructed with the help of the school support staff. Soon they will breed and multiply for selling.

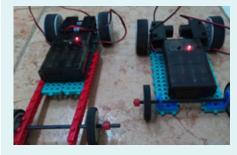






#### **ROBOTICS CLUB**

To promote STEM (Science, Technology, Engineering, Maths)



Other clubs include Art, Basketball, Debate, Handball, Home science, Journalism, Peer Mentoring, Music, Photography, President's Award (PA-K), Robotics and Science depending on the interest and enrolment.

### COVID-19

PREPARATIONS















## Welcome Back



Welcome Back, Mrs. Kiagiri! Emotional return to work on 26th October, 2020 after 7 months of medical leave with Pastor Kiagiri in India.



Mr. Muloki on the Saxophone, Count Your Blessings



Words of welcome by Mrs. Onyapidi















The scouts who went are: Mark Collins, Isaac Maina, Margaret Papetwa, Faith Njeri, Miriam Moses, Harriet Wanjira, Eunice Akinyi, Miriam Mumo





## KCSE

AWARDS

















## KCSE 2020















#### TALYA NAROTSO WATTIMAH, VALEDICTORIAN

All protocal observered good afternoon,

Before you is Narotso Wattimah, the girl who represented the class of 2020 throughout their many years in high school; the girl whom the class entrusted with the duty of being their spokeperson and the girl who is the most proud of every single person in a green gown today.

Forgive my awkwardness as I deliver this speech for I am one who opts to freestyle and let the words come to me but today I opted to have this typed down in order to disallow my emotions from making me fumble since I don't know how life without all of my comrades out there will be.

All I can say is, guys.... we made it.

We persevered one giant class bully in our first two years, overcame the spirit of negative crowd mentality, built a loving family from the ground and most of all stayed driven during a pandemic!

I don't know if you understand how big of a deal that is.... That each and every one of you woke up every morning last year and attended classes for over five months and you came back and picked up like nothing had happened.... I don't know about you, but that is a super power.

I don't want to say that you got what you deserved because really maybe you don't know but I know that you worked for something greater but things didn't turn out as you'd hoped. Regardless, I am still in awe at how hard you all worked and I strongly believe, it isn't the end ... it is only the beginning and I see a bright future for every Onyango, wilbafos and Jonte (AKA, Tom, Dick and Harry) you are all so capable of being what you want to achieve.... From here now on I do not see high school students .... I see engineers, musicians, forensic scientists, film producers, footballers and basketballers, chefs, business men and women and so many other amazing people.

I'm so glad I got to be part of the family that is the class of 2020. I'd love to thank each and every parent who is here and even those that are absent for being our fathers and mothers ... for encouraging us even when we didn't believe in ourselves ... having you as our parents was and will always be a gift for you played a gigantic role in where we are today.

I would also like to extend my warm thanks to our teachers for disciplining us and teaching us every single day and answering even the dumbest of questions we asked. I wish I had a connection in Safaricom to reward Mr. Sum who was always available online even on Sundays to answer whatever questions we had. My biggest thanks to Mr. Owuor who never stopped loving us for always being concerned with our mental well-being, to Mr. Ihatika AKA Marto the envoy for all his interesting stories and iconic haircut, to Mrs. Koome for her tough love, to Mrs. Otieno for her patience, understanding and her chips, to Mrs. Agini, to Tr. Cate for her extra hours, to Mr. Were for his endless encouragement and several laps around the school and most of all to Mrs. Kiagiri...the strongest , most hardworking and patient person. Thank you, Mrs. Kiagiri, for the chance to meet such great people, thank you for the cakes you used to bring us, for your religious leadership and even for your time.

Thika Road Christian High School was truly the place to be. I pray for God's continued favour and blessing throughout the entire school's life and that we may rejoice even 50 years to come and for my parting shot I would like to challenge the class of 2020... now that the easy part of life is over and you know what you have.... What are you going to do about it? Your future is quite literally in your hands and I know none of you is weak. So make the most of everything you can whenever you can.

Thank You



#### **ALVIN KAMAU NDIRANGU, SALUTATORIAN**

Your families are extremely proud of you. You can't imagine the sense of relief they are experiencing. This would be the most opportune time to ask for money. I might not have seen what life has to offer but this much I know and I would like to share with you 3 tips I have found to be key to a successful life:

#### 1. PUT GOD FIRST

With God, there's always an appointed time for things and when you put Him first, trust in His timing and keep the faith, miracles happen!

Matthewm 6:33 says "But seek first the kingdom of God and His righteousness and all these things will be provided for you ."

One of the many important lessons I have learnt from my dad is, believe in yourself more than people believe in you but believe in God more than you believe in yourself.

#### 2. DON'T BE AFRAID TO FAIL

You would be surprised by how much you could achieve in life, if you are willing to try and fail then learn from your failure and try again and again until you succeed. Ease is a greater threat to progress than hardship!

Thomas Edison said this "I have not failed. I've just found 10,000 ways that won't work." The only L you should get from failure is lessons!

#### 3. ATTITUDE OF GRATITUDE

Philippians 4:6-7 says "Do not be anxious about anything, but in every situation by prayer and petition with thanksgiving present your requests to God and the peace of God which transcends all understanding will guard your hearts and your mind in Christ Jesus."

Distinguished guests, parents, teachers and my fellow classmates. I stand here before you not to brag about how wise I can be by giving you tips of advice. I stand here today to give thanks. After all, one of my tips of advice was having an attitude of gratitude.

I would like give thanks to Thika Road Christian High School for giving us a wonderful space where we can learn and share ideas. A place where we can build our faith in God without fearing discrimination.

I thank you Mrs. Kiagiri for the wonderful leadership you have shown in leading this school and grounding us in the faith of our Lord Jesus Christ. Thank you!

Mr. Were, Mr. Were... where should I start? I am eternally grateful to you being such a father to us, the class of 2020. Thanks for all the priceless moments (of giving us demerits) and the lessons you taught us.

Thanks to all the teachers who enabled us to make history by being the best performing class of TRCHS even though we are just the second lot.

If you look around you won't see Superman and Wonderwoman here today wearing a cape ready to protect us from super villains but trust me we have our own Wonderwomen and Supermen here today in our parents. I am eternally grateful on behalf of the class of 2020 to the parents who do their best to enable us to have a chance to learn in school by dropping us to school and picking us up (even though not on time) and also paying our school fees. Thank you parents.

I started by saying put God first. Ironically I end with Him not because He deserves the least thanks but because I believe in saving the best for last! Finally, I will kindly request us to stand and give thanks to God in whatever way you know best. Clap, shout or say a short prayer. God has been so loving and patient with us even when we were not patent with Him these last four years. Especially last year He has been Jehovah Rapha to those who got infected with the Corona virus. For that I want to say THANK YOU GOD!

Class of 2020 this is the first day of your new lives, GO LIVE IT!!!

## WORKING HARD, WORKING SMART

Guest of Honour, 2nd Annual Graduation





Ecclesiastes 9:10, Whatsoever thy hand findeth to do, do it with thy might; for there is no work, nor device, nor knowledge, nor wisdom, in the grave, whither thou goest.

In my view, Working Smart means,

#### 1. Know - Without Christ we can do nothing.

Without Christ, you can do nothing. Just what does this mean exactly? Without Jesus we can do nothing of eternal significance."We are powerless without Christ to build eternal things; we are spiritually poor and without power outside of Christ! But with Christ we are rich in every way, we now have the power to affect eternal things and leave a legacy that will impact eternity and last into eternity.

As you graduate: The Bible teaches us that only by dwelling in Christ and His love do we have eternal significance and can reap eternal rewards. Without Christ, we can do nothing of eternal significance!

### 2. Recognize – We have a purpose in life so don't live a goal-less life.

In 1953 researchers polled the graduating class of Yale University and found that 3% of the graduates practiced goal setting and had a set of clearly defined written goals. In 1973, researchers went back and visited the class of '53 and found that the 3% of the graduates who had the clear and written goals had amassed a fortune worth more than the other 97% combined.

Students: God has given you gifts and abilities. The calling of God is irrevocable, Romans 11:29. Be transformed by the renewal of your mind – read good books and the Bible; associate with Godly agenda. Surrender, sacrifice and set daily, monthly and annual goals.

#### 3. Make wise choices, i.e. have wisdom.

A famous author gives us 10 ways to walk in wisdom including these two.

I. Pay attention to what wise people do and say. Incline your ear and hear the words of the wise and apply your heart to my my knowledge Pro 22:17. Do you have uncles or aunties, or church members that you have always admired their character and career progression? Visit them – now or when in campus to ask for advice. Some of you in the next few years may be making decisions about a marriage.

#### II. Seek God's wisdom, not the world's.

Do not make your decision based on some actions from a movie made from Nollywood or Hollywood. Has not God made foolish the wisdom of this world?

1 Corinthians 1:20

#### 4. We are in the Bitcoin Age, 5G etc.

As you exit high school, go to campus, get a local or international job, what should you look for much, much more? Mind these two items: KOG and FOG- Knowledge of God and Fear of God.

My son, if you receive my words and treasure my commands within you, so that you incline your ear to wisdom and apply your heart to understanding ... then you will understand the fear of God and find the knowledge of God. Proverbs 2:1-5

#### 5. Get rid of negative emotions.

Refuse to be anxious about anything knowing that God is in control of your life. Refuse to be controlled by anger. It causes you to do things that you may later regret.

#### 6. Choose and plan to be in the G group.

Giraffes (see ahead; represent the wealthy) and Zebras (survive in a group; stay near water; represent the rich)

My prayer for you is that you will not be a rich Christian, but a wealthy Christian, so that you can bless others with your resources and leave a legacy.





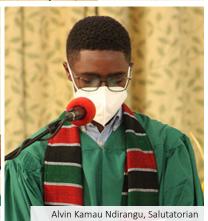




























#### **KCSE 2020 GRADE DISTRIBUTION**

										AD						
	ENG	KIS	MAT	BIO	РНҮ	CHEM	HIST	GEOG	CRE	B/S	AGR	FREN	MUS			MEAN GRAD
Entry	35	35	35	21	22	35	28	5	35	10	13	5	1			35
Α															Α	
Α-			1		1	1				1				4	Α-	
B+	1	1	3	1	1		2		1	1	3			14	B+	1
В	8	1	5		2	2	9		3	2	2	2		36	В	2
B-	13	5	5	2	4		9	1	12	2	1			54	B-	7
C+	5	3	1	6	4	6			4		1	1	1	32	C+	10
C	4	5	6	4	2	4	2	1	5	1	2			36	С	4
C-	1	8	2	1	2	5	1	2	5	2	2	1		32	C-	5
D+	1	1	3	2	2	1	2	1	2	1				16	D+	3
D	2	9	2	3	2	11	3		3		2	1		38	D	2
D-		2	4	1	2	4								13	D-	1
E			3	1		1								5	E	



Let your light so shine before men, that they may see your good works and glorify your Father which is in heaven. Matthew 5:16



## GRADUATES

ALVIN KAMAU NDIRANGU BER LER OPIYO BETTY WAIRIMU GACHIE CHRISTIAN MBURU KIMANI FLSIF AGIN ALMADI FRICK MUTWIRI KINOTI ESTHER WAMBUI NDEGWA **EUTYCHUS NDII KAGUNDU** FRANCIS KABATI KIMANI GLORIA WANJIKU MUTHIGAH HANK BABU KIRIAGO IAN NGUGI KARANJA JOAN WANJIKU MUTHUKI JOSHUA NG'ANG'A KARIUKI KENFREY MURIMI MAKENA LINDA NYAWIRA NDEGWA LUCY WANJIKU NJOROGE MARION WANJIRU KARANJA MARGARET NYAMBURA WAIRIMU MARGARET WAITHERA KARIUKI MARION ACHOBO IPOMAI MARY MUTHEU NDAMBUKI MELINDA ANDATI OTIENO MERCY KENDI WAFULA MICK KAMINJA KANYARI MITCHELLE WANJIRU MACHARIA NAOMI JEBET MUTHAMA **NESS MUTURA** NEWTON WANDERI NJOROGE SALOME GIRUM GETACHEW SERITA RITA ERGWA SHAROM GATWIRI WANJIRU TALYA NAROTSO WATTIMAH TESS SAU NJUGUNA VALERIE MUHONJA

#### **MATHEMATICS**

A minus:

· Talya Narotso Wattimah

#### **ENGLISH**

B+:

· Linda Nyawira Ndegwa

#### **KISWAHILI**

B+:

• Talya Narotso Wattimah

#### **CRE**

B plus:

· Linda Nyawira Ndegwa

#### **CHEMISTRY**

• Tess Sau Njuguna

#### **BIOLOGY**

A minus:

· Elsie Agin Almadi

#### **PHYSICS**

A minus:

· Talya Narotso Wattimah

#### **GEOGRAPHY**

· Ness Mutura

#### **HISTORY**

- Elsie Agin Almadi
- Sharom Gatwiri Wanjiru

#### **BUSINESS**

A minus:

· Serita Rita Eregwa

#### MUSIC

C plus:

Betty Wairimu Gachie

#### **AGRICULTURE**

B+:

- Naomi Jebet Muthama
- Sharom Gatwiri Wanjiru
- · Valerie Muhonja

#### **FRENCH**

- Joshua Ng'ang'a Kariuki
- · Talya Narotso Wattimah

#### **MOST IMPROVED**

· Sharom Gatwiri Wanjiru

#### **TOTAL**

Talya Narotso Wattimah

#### **CO-CURRICULAR**

- Newton Wanderi Njoroge
- · Valerie Muhonja

#### **CHARACTER**

- Kenfrey Murimi MakenaElsie Agin Almadi

#### **MEGASTARS**

 Margaret Waithera Kariuki (Nursery 3 – Form 4)

#### **SUPERSTAR**

None (Std 1 – Form 4)

#### **ACADEMIC SHIELD**

Students who placed among the top ten every term during the year.

Talya Narotso Wattimah,

Elsie Agin Almadi,

Betty Wairimu Gachie,

Mitchelle Wanjiru Macharia,

Naomi Jebet Muthama,

Joan Wanjiku Muthuki

#### **HIGHLIGHTS**

100% passed.

Highest grade improved from B to B+. 20 achieved C+ and above.

Position 3 out of 59 high schools in Kasarani Sub-County

Top day high school





School Board members, Dr. Juma and Mrs. Kambo, blessed the teachers with mugs and a water dispenser for the improved 2020 KCSE performance.



## Graduation



































#### **KCSE 2021 GRADE DISTRIBUTION**

	ENG	KIS	MAT	BIO	ЬΗΥ	СНЕМ	HIST	GEOG	CRE	B/S	AGR	FREN	MUS		MEAN GRADE
Entry	35	35	35	25	17	35	22	10	35	18	4	4	4		35
Α	1	1	4							1				Α	
A-		1		1	1		1		3				1	Α-	2
B+	1	2	1	1	1	1		2					1	B+	1
В	6	4	2				1	1	1	2				В	2
B-	5	2	2	1	3	3	3	1	4	1		1		B-	1
C+	9	2	1		1	1	5	1	5	1	1		1	C+	3
С	2	5	1	2		1	1	2	8	3	1			С	3
C-	5	6	5	3	1		3	2	7	1				C-	12
D+	3	1	3	4		1	4				1			D+	5
D	3	8	9	5	7	10	4	1	6	8	1	3		D	4
D-		3	5	7	3	15			1	1			1	D-	2
E			2	1		3								E	



2021 KCSE A-, Roy Olumbe was the top boy in Kasarani Sub-County out of 1,847 boys.

## Congratulations

TO THE CLASS OF 2021!

Trust in the LORD with all thine heart and lean not unto thine own understanding. In all thy ways acknowledge Him and He shall direct thy paths.

Proverbs 3:5 - 6

## GRADUATES

ADRIAN NYAMU MAINA ALICIA MMWENJE ANN MWENDE KITONGA ANTHONY MAINGI MATHENGE ANTHONY WANJOHI MURIITHI ASHLEY WANJIKU MUHORO BREANNA BARAKA NDWIGA CHRIS KIARIE KIBIRU **BRITNEY KATHONI GITONGA** BRYAN KIMANI KINYANJUI DAMARIS OMWATIA DION NDUNGU PHORO **EUGENE ODERO MSE** GEORGE GEFF GITERE GRACE WANGARE NDEGWA GREGG LAWRENCE GITHINJI WANJIRU HAZEL KANANA KOOME IAN JOSEPH KARIUKI KIHARA IAN MUSYOKA KIVITE JOSHUA MUIGAI MAINA LOWELL LENWA MASIBO MARIA NJUGUINI KANG'ETHE MARIAN WANJIKU KAMAU MERCY DORCAS ATIENO MIRRIAM MUMO MWONGELA NATHANAEL W. MUREITHI **ROY JAKINDO OLUMBE** SEDA MAXWELL SETH THUMBI MUREITHI SHARON WANJIRU KAMAU TIFFANY ACHIENG' ONYANGO TIMILLA WANJIKU MUTITU VICTORIA GATWIRI MURITHI WANJIKU KIHONGE WANJIKU NGONYO WAMAI





#### **MATHEMATICS**

A plain:

- Grace Wangare Ndegwa
- Lowell Lenwa Masibo
- · Roy Jakinda Olumbe
- Wanjiku Ngonyo Wamai



#### **ENGLISH**

A plain:

• Wanjiku Ngonyo Wamai



#### **KISWAHILI**

A plain:

Wanjiku Ngonyo Wamai



#### **CRE**

A minus:

- Grace Wangare Ndegwa
- Roy Jakinda Olumbe
- Wanjiku Ngonyo Wamai



#### **CHEMISTRY**

B+:

• Wanjiku Ngonyo Wamai



#### BIOLOGY

A minus:

• Roy Jakinda Olumbe



#### **PHYSICS**

A minus:

· Roy Jakinda Olumbe



#### **GEOGRAPHY**

B+:

- Adrian Nyamu Maina
- · Anthony Wanjohi Muriithi



#### **HISTORY**

A minus:

• Roy Jakinda Olumbe



#### **BUSINESS**

A plain:

· Lowell Lenwa Masibo



#### MUSIC

A minus:

Anthony Wanjohi Muriithi



#### **AGRICULTURE**

C plus

Alicia Mmwenje



#### **FRENCH**

B minus:

• Bryan Kimani Kinyanjui



#### MOST IMPROVED

 Mirriam Mumo Mwongela, from position 27 (KCPE entry) to 13



A minus:

Wanjiku Ngonyo Wamai

#### **CO-CURRICULAR**

• Bryan Kimani Kinyanjui

#### **CHARACTER**

· Nathanael W. Mureithi

#### MEGASTARS

• Bryan Kimani Kinyanjui

#### **SUPERSTAR**

• None (Std 1 – Form 4)

#### **ACADEMIC SHIELD**

 Students who placed among the top ten all 4 terms during the year 2021.

Breanna Baraka Ndwiga, Britney Kathoni Gitonga, Grace Wangare Ndegwa, Lowell Lenwa Masibo, Roy Jakinda Olumbe, Wanjiku Ngonyo Wamai,







# Valedictorian's Speech

**CLASS OF 2022 GRADUATION** 

Wanjiku Wamai

The Guest of Honour, Board of Management of Thika Road Christian School, The Principal, Deputy Principal, teachers, students, parents, ladies and gentlemen, good afternoon. My name is Wanjiku Wamai and I'm humbled to give a speech on behalf of the graduating class of 2022. If I was asked to describe our class in one word, I would say "Nakumatt". You may wonder why I have chosen such a funny description for my classmates. My reasoning for choosing this word is because of the company's famous tagline, "You need it, we've got it". Our class was a synthesis of many talents, personalities, gifts, habits and backgrounds. We have footballers, basketballers, rugby players, singers, dancers, actors, IT experts and great men and women of faith. This, coupled with the beautiful and serene school environment made the 7years I spent in this school a breeze.

Everybody from the teachers, who taught us even when we were unteachable, the kitchen staff, who fed us without fail, the cleaning staff, who ensured we had a clean and conducive place to learn and even the guards who ensured our safety made our experience worthwhile. My parting advice to those still in high school would be to take advantage of every single second you have while in high school. Whether it's your studies, co-curricular activities, personal time with God, or creation of meaningful and positive friendships, Thika Road Christian provides a space for all of us to grow holistically and inclined with God.

To my fellow graduands, I wish you all the best that life can offer and may God order your every step as you embark on your post-high school journey. Thank you Thika Road Christian for the firm foundation you give to every student that passes through your hands. God bless you all and thank you for listening to me.





Abraham, Genesis 15:1, The word of the LORD came unto Abram in a vision, saying, Fear not, Abram: I am thy shield, and thy exceeding great reward.

Solomon, 1 Kings 4:29, And God gave Solomon wisdom and understanding exceeding much, and largeness of heart, even as the sand that is on the sea shore.

Paul, 2 Thessalonians 1:3, We are bound to thank God always for you, brethren as it is meet, because that your faith groweth exceedingly, and the charity of every one of you all toward each other aboundeth.

Job 37:23, Touching the Almighty, we cannot find him out: He is excellent in power, and in judgment, and in plenty of justice.

Psalm 150:2, Praise him for His mighty acts: praise Him according to His excellent greatness.

Isaiah 28:29, This also cometh forth from the LORD of hosts, which is wonderful in counsel and excellent in working.



Guest of Honour's Speech

### DEVELOPING A SPIRIT OF EXCELLENCE FOR GOD'S GLORY

Dr. Gladys Gakenia Njoroge, Coordinator of Mathematics Dept., Chuka University

#### 2021 Theme Verse

Ephesians 3:20-21, Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us. Unto him be glory in the church by Christ Jesus throughout all ages, world without end.

#### **Definition of Terms**

**Developing:** Growing and becoming more mature, advanced or elaborate

It's a process not a destination.

**Excellence:** Quality of being outstanding, extremely good, distinct, going the extra mile, to surpass, exceed, be greater than, to do or become better than before.

#### Why a Spirit of Excellence?

Our Heavenly Father is Excellent.

Isaiah 12:5, He has done excellent things. Psalm 148:13, His name alone is excellent. We seen His creation all around us.

#### How do you develop a Spirit of Excellence?

**1. GO:** Move forward to pursue what God has placed before you – the vision, the opportunities, your talents and gifts.

Go with your thoughts. Excellence is not perfection.

2. GROW: As you commit to go, you begin to grow.

Daniel in the Old Testament had high intellect and was willing to learn. Commitment to growth requires discipline and sacrifice.

Be consistent.

- 3. GUARD: the spirit of excellence by a. Prayer
- b. Strong, right relationships

We need friends like Daniel such that,

- 1. In trouble: they will say, "The Lord is gracious," Hananiah.
- 2. When we feel like giving up, they will say, "Who is like the Lord," Mishael, He's faithful doesn't leave not forsake.
- 3. In need: they will say, "The Lord helps," Azariah.



Students admitted after the last tree-planting day in July 2019 planted seedlings on closing day, 15th July, 2021. These included 47 orange tree seedlings, 8 banana suckers and 3 avocado tree seedlings. This is recognized as community service on their school leaving certificates.







5th January	2021 Theme: Exceeding Expectations								
,	January Session Opening Day (MOE Term 2, 2020) – Forms 1, 2, 3 and 4								
17th February	Medical Careers – Forms 3 and 4; Mrs. Anne Mwangi, BRO. Ben Miriti								
19th February	Girls Handball Match – TRCHS 7 Primary 5								
22nd-26th Feb.	Form 4 Post-Mock Set								
22nd February	Form 3: Presentation by IGCSE students – Grace Hinga, Benjamin Kitonga, Justin Gikonyo								
5th March	School-wide Clean-up organized by the Environment Prefects								
6th March	KUCCPS Registration, Form 4 parents and students								
8th March	Chapel: First PA-K Bronze and Silver certificates awarded								
	First KCSE Music Practical – 1 student								
9th March	Girls Handball Match with Primary team, 3-9								
10th March	First KCSE French Orals								
	Forms 1 and 2: Medical Careers, Mrs. Mwangi, Ben Miriti								
	Forms 3 and 4: Mrs. Bahati Gatere, St. Paul's University								
14th March	KCSE Prayer Service								
15th March	Closing Day, two days early								
16th March	Sports Day cancelled due to 2nd Covid-19 shutdown								
19th March	KCSE 2020 Rehearsal Day								
7th-30th April	ICDL Online, 26 Form 2 students completed the Basic Pack								
19th April	Last KCSE 2020 paper; Form 4 Luncheon								
10th May	May Session Opening Day (MOE Term 3, 2020) – Forms 2T/2R, 3T/3R and 4								
22nd May	Second Annual Graduation, KCSE Class of 2020, 35 candidates; Speaker: Bro. Martin Karanja								
10th June	Kenya Mathematics Olympiad Round 1								
15th July	Annual Tree Planting: 47 orange tree seedlings; 8 banana suckers; 3 avocado seedlings								
	Closing chapel: Installation of Student Government Members								
16th-24th July	Repair of Phase I cracks; entire interior painted								
26th July	July Session Opening Day (MOE Term 1, 2021) – Forms 2T/2R, 3 and 4								
29th – 30th July	20 Form 1 students; Orientation – Pastor Waweru, 5 salvation decisions								
9th September	Girls Handball Match with the Primary, 6-1								
17th September	Run for the Bibleless, at the school track; sh. 112,430								
30th September	End of July Session; Talent Showcase Presentations								
4th-6th October	2nd Annual Form 4 Trip to Elsamere Education Centre, Naivasha								
11th October	October Session Opening Day								
12th November	Visited Cardinal Otunga High School: Boys Basketball 21-19; Girls Basketball 1-12								
29th Nov-10th Dec	Form 4 Trial KCSE								
16th December	Stopover by President Kenyatta to board helicopter on the football pitch								
	Sports Day, Winning House: UMOJA; End of October Session								
17th December	Notes. The Ministry of Education Calculation and Colon density of the United States and Colon de								
·	Note: The Ministry of Education School Calendar was divided into 4 terms.								
4th Jan - 19th Mar	January Session, Term 2, 2020								
4th Jan - 19th Mar 10th May - 16th July	January Session, Term 2, 2020 May Session, Term 3, 2020								
4th Jan - 19th Mar	January Session, Term 2, 2020								

# 2nd Annual Talent SHOWCASE

The term ended 30th September, 2021, on a high note with students performing during the closing assembly in the church auditorium. Beautiful certificates were presented on 1st November, to the best students.



	Position 1	Mark Colin Maina, spoken word original composition 87%
	Position 2	Hazel Koome, director and scriptwriter of the play It's Never Too Late 85%
	Position 3	Dion Phoro, solo vocal performance of a cover song Old Church Basement
	Position 4	Zachary Kariuki, Dion Phoro Jonathan Wanaina, own composition vocal performance (trio) 82%
	Position 5	Wanjiku Kihonge, flute solo 80%
		Ashley Muhoro, solo vocal performance of a cover song Peace 80%

Chapel presentation by Thon Lual, Form 2R, 9th August, 2021

**TRIBULATIONS** 

#### **JOHN 16:33**

"These things I have spoken unto you, that in me you may have peace. In the world you will have tribulations; but be of good cheer, I have overcome the world."

Notice it does not say you may have tribulations but it says you will have tribulations. The question therefore is not whether we will have tribulations but when we will have. Now you are either going through trials or you just came out of trials or you are about to go through some trials. As it was once said, we can make our difficult times look like a mirror or a window. We can take our dark night of adversity and make it a mirror to look into and be overcome with self-pity. This is what leads to suicide, depressions and at times people making cuttings on their bodies due to anxiety. Or we can make our difficult times a window to see through by looking at people who have gone through the same trial. The mirror reveals us; the window shows us the world filled with people who are walking or have walked the same path. Today I don't want us to take our trials like a mirror but a window

#### Declaration: God wants us to take our trials like a window.

#### 1. Job- Being genuine in trials.

Job lived in the land of Ur, he had seven sons and three daughters. He also has great possessions; seven thousand camels, five hundred yoke of oxen, five hundred female donkeys and a great household. This great wealth that Job had gave Satan a reason to think that Job was not worshipping God genuinely but out of what gave him. God gave him permission to try Job but not to get rid of him. Satan killed all his ten children and about eleven thousand five hundred animals that he possessed, now that is what I call Job becoming Jobless, he was stripped of all things. There was a story of a man who was a missionary in a certain village and after preaching for several occasions and seeing no one was coming he made a board outside the church that said "free food after the service". As expected, people stormed into the church and he had a massive congregation. After a period of time, he stopped supplying the food and the number of people started reducing eventually to nothing, now should the missionary be surprised? Unless he did not know what he was doing because the truth is this, how you win people is how you maintain them. If Job was won over by God through those great possessions that he had he could have cursed him that moment he had sore boils all over his body. The reality of the matter is that Job was genuine in his worship, he was like gold that passed through fire and came out precious. Oh! How we complain even though we never go through half of those trials at the same moment. May we say like Job, "Shall we indeed accept good from God, and shall we not accept adversity?" Job 2:10

#### 2. Paul- Rejoicing in trials.

"Rejoice in the Lord always. Again, I say rejoice!" (Phil 4:4). Indeed, this is a short verse brethren, all of us can memorize it and even sing it, but not all of us know the background of these simple words. The book of Philippians is a prison epistle which was written when Paul was in house imprisonment in Rome, with a chain on his hands. This is a man who ought to say "Help me. Again, I say Help me! But no, he did not, you may ask where does such a man gather strength to say such words at his moment of great trial, I will tell you it is in the same book of the same chapter, verse thirteen, "I can do all things through Christ who strengthens me. "This is a verse many people know and have memorized but the danger is that when a verse becomes too familiar to us, we tend to take it out of context. Pertaining this picture you will see a man in the internet carrying a huge load, it is even used in the gymnasium, now if I were to go to the gym and knowing that you know me, tall, dark and slim and I ask

for the heaviest weight that they have and I say I can do all things through Christ who strengthens me and lift the weight, guess what, I will break myself and it is not that I am mocking God and limiting His ability but because I know there is a line between what we call faith and trying God and remember, don't put your God to test and clearly the context is different if you just read the whole chapter. Paul is thanking them for their generosity and then says that I don't speak so that you can give me more for I have learnt to be content whether I am satisfied or in need and why is that, because I can do all things and face all circumstances because God gives me strength. Our joy must therefore not be linked to circumstances but to the Lord. Joy is not pretending that you don't have trials by faking a smile, it is realizing that you have them but knowing that there is someone greater than those trials.

#### 3. Jesus Christ- Submitting in trials.

Now our greatest example is our Lord Jesus Christ, He left heaven with all its glory and came and suffered for our sins but it all started in the Garden of Gethsemane where he groaned in pain and we see that there are three ways that show how he approached his trials;

#### I. He asked for deliverance. (Matthew 27:39)

Jesus asked if it is possible to let the cup of trials that waited for him pass from him. We see that he was not demanding since he concluded not my but your will be done. God in his word commands us to pray to him when we are in trials and it is right for us during those difficult times to cry to him for deliverance.

#### II. He asked for acceptance. (Matthew 26:42)

Our problem is that we wait on the deliverance too long we never or hardly ask for acceptance, when then will we be saved from this song "Save me! Will you save me now! Save me now the pain is too hard to bear, if you tarry this long, I may look for another alternative, maybe a witch doctor." Oh! instead of threatening God when will you ever accept it? Jesus said that if I have to and there is no way out of this, let your will be done. In the next approach, we are going to see the reason why we must accept our trials.

#### III. He asked for glorification. (John 12:27-28)

Jesus accepted his trials so that God may be glorified. The reason why we must accept our trials is so that God may be glorified. Both the man who was born blind and the death of Lazarus were all trials to manifest and glorify God in later stages, the trials that we may go through now may be a source of comfort to others when we share them and also a way to glorify God. God does not comfort us to be comfortable but so that we can comfort others, may we then in our trials seek to glorify God just as our Lord Jesus Christ did.

Conclusion: My father was a very hardworking man and he was the best person to be around when he was sober, and things used to be fine until he was introduced to alcohol. Sometimes he would come home drunk and the house would be unsettled due to the fights that went on and on, now I cannot change that therefore I can not continually dwell on it and you also don't have to continually dwell on the past. We cannot change our past but we can change our future. Knowing what drugs do to a person that they can change them to an animal that means I don't have to take drugs, and if God ever gives me a wife in the future, I should not mistreat her but treat her with love and respect that is due to her. Trials indeed will always be there but let us remember that faith in Christ is not about safety and caution, it is about believing Jesus and trusting him no matter what.



# ANNUAL FORM 4 TRIP TO NAIVASHA

Twenty-four students accompanied by Mr. Ihatika and Mrs. Koome enjoyed a memorable and educational trip during the school break, 4th – 6th October.

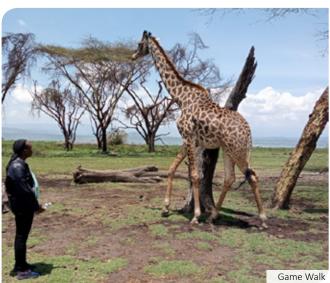
Adrian, Alicia, Ann, Ashley Britney, Damaris, George, Grace, Hazel, Ian, Lawrence, Lowell, Macreen, Maria, Marian, Mercy, Miriam, Roy, Maxwel, Tiffany, Timilla, Victoria, Wanjiku Kihonge, Wanjiku Ngonyo

After a short stopover at the Rift Valley Escarpment, they proceeded to the hospitality of Elsamere Study Centre. On Day 2 there was a boat ride in small groups to Crescent Island. A variety of animals were within very close range. The afternoon trip took them to the KenGen Geothermal Spa for a welcome swimming activity. Congratulations to all those who climbed Mt. Longonot on Day 3. You set your goal and pursued it to the top!











# THE PRESIDENT'S AWARD-KENYA (PA-K)

All students are enrolled by the school in Form 1. TRCHS is one of the few schools in Kenya with 100% membership. Others include Mpesa Academy and International School of Kenya. Certificates were presented joyfully by Mr. Ihatika on 8th March at the end of chapel.



## Bronze

F3 – Ber Ler; F4 – Christian Mburu, Francis Kimani, Gloria Muthigah



## **Bronze & Silver**

F3 – Mirriam Mwongela; F4 – Erick Kinoti, Joan Wanjiku, Joshua Kariuki, Marion Ipomai, Melinda Otieno, Newton Wanderi, Salome Girum, Talya Wattimah

Class of 2019, in absentia – Francis Mulinga, Grace Hinga, James Ngari, Lily Joy Gichuhi, Mercy Macharia













TRCHS CLASS PHOTOS **FORM 1T** 



# Front Row (Left to Right)

- Marianna Kariuki 1
- Marcia Wakini 2
- Hope Mumbi 3
- Valary Juliet
- 5 Gloria Mueni
- 6 Sarah Ndanu Mitchelle Moraa 7
- 8 Laura Wanjiru
- Wacuka Wamai

## Back Row (Left to Right)

- **Austin Ochieng**
- Dalton Macharia 2
- 3 James Maina
- 4 Raymond Mbutura
- Frank Martin 5
- 6 Andrew Kamau
- Carl Kamau
- 8 Joshua Musyimi

Isaiah 28:29,

Sing unto the LORD: for He hath done excellent things: this is known in all the earth.

TRCHS CLASS PHOTOS

# **FORM 1R**

Front Row (Left to Right) Shila Wanjiru

> Christine Gathoni Cindy Nasimiyu

Melisa Wambui

Anisha Sizani

Esther Waeni

Back Row (Left to Right)

Nissi Zawadi Sandra Wanjiku

2

3 4

5

6

7

8



Victor Prince 2 Mark Kariuki

3 Brian Oduor

David Mwaura

5 Calvin Weru 6

Romeo Mugaya 7 Mich Maloch

8 Clapaton Njoroge

Joshua Musyimi 9

10 Travis Gweth

Perfection is not attainable, but if we chase perfection, we can catch excellence.

Vince Lombardi



## Psalm 36:7,

How excellent is thy loving kindness, O God! Therefore the children of men put their trust under the shadow of thy wings.

## Front Row (Left to Right)

- 1 Vickie Rubera
- 2 Ruth Kanini
- 3 Joy Mwikali
- Grace Nyaga
- 5 Daisy Njeri
- 6 Angel Adhiambo
- 7 Faith Njeri
- 8 Sharon Ng'endo
- 9 Amy Gathoni

## Second Row (Left to Right)

- 1 Mark Nuthua
- 2 Ryan Wamira
- 3 Isaac Waweru
- 4 Sean Njuguna
- 5 Jason Maina
- 6 Sweeny Kamuna
- 7 Margaret Muriuki
- 8 Gracious Wambui

# Back Row (Left to Right)

- 1 Ian Muchai
- Martin Hallelujah
- 3 Karwega Njeru
- 4 Gideon Umira
- 5 Alex Maina
- 6 Stephen Kariuki
- 7 Jonathan Wainaina
- 8 Francis Kariuki
- 9 Kevin Kariuki
- 10 Reggie Leone
- 11 Solomon Kung'u

#### TRCHS CLASS PHOTOS

# FORM 2R



We are what we repeatedly do, Excellence then is not an act, but a habit.

**Aristotle** 

## Front Row (Left to Right) Wairimu Karago Ivy Gift Lisa Ngendo Miriam Moses Esther Muthoni Neema Zawadi Nyla Otieno Crystal Wanjiku Margaret Pepetwa 10 Mercy Nyambura Second Row (Left to Right) 1 Austine Murima Daniel Musa Benedict Warui Mark Muuo Donald Kariuki Jake Gitati Ryan Mwangi Emmanuel John 8 Mary Wanjiku 10 Purity Wanjiru Third Row (Left to Right) Collins Mwiti Zachary Kariuki Collins Waweru Victor Mutahi Isaac Kanyooro Thon Lual Gachomo Njeru Charlize Waithera



	Front Row (Left to Right)	Second Row (Left to Right)	Third Row (Left to Right)
1	Sarah Thomas	Tanya Wambui	Alex Mwangi
2	Bernice Muthoni	Tatyana Leila	Sean Fortes
3	Sharon Njeri	Amy Jerop	Garrison Mwangi
4	Eunice Akinyi	Victor Kiagiri	George Muasa
5	Harriet Wanjira	Robertson Ombuna	Rene Mawira
6	Lexy Wambura	Tess Nyambura	Joshua Wambua
7	Aarona Kache	Blessings Akello	Farrel Mariga
8	Karen Nduati	Wesley Washika	Vandy Isavwa
9	Nicolette Wanjiru	Ryan Mike	Joe Ndungu
10	Sheila Kasi	Kubai Mbuthia	Hazon Songoro
11	Loise Hinga	Mercy Muuo	Kelvin Mburu
12	Enock Liech	Michelle Maina	Jonathan Muchira
13		Victor Njoroge	
14		Faith Syombua	

# Psalm 8:1,

O LORD, our Lord, how excellent is thy name in all the earth! Who hast set thy glory above the heavens.

The secret of joy in work is contained in one word - EXCELLENCE.

To know how todo something well is to enjoy it.

**Pearls Buck** 









Bernice Muthoni Mwangi



Blessings Akello Odhiambo







Faith Syombua Scholastica



Farrel Nyanumba Mariga





George Muasa Muia



Harriet Wanjira Wangombe



Hazon Sinyati Songoro





Jonathan Muchiri P. Muchira



Joseph Kadenge Chilumo



Joshua Munene





Kelvin Gachuru Mburu





Kubai Mbuthia Waigwa Lexy Wambura Siranga



Loise Amani Gakenia



Mark Colin Kamiri



Mercy Muuo Mutunga



Michelle Wangari



Nicolette Wanjiru Njinu















Sheila Musuruve Kasi



Tanya Wambui Kihara



Tatyana Leila Kanaga



Tess Nyambura Kariuki Vandy Isavwa Atonya





Victor Gitau



Victor Kirubi Njoroge



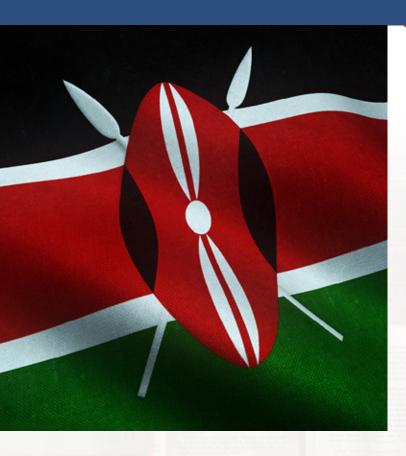
Wesley Wema Washika



Now unto him that is able to keep you from falling, and to present you faultless before the presence of His glory with exceeding joy.

The will to win, the desire to succeed, the urge to reach your full potential These are the keys that will unlock the door to personal excellence.

**Chinese saying** 



## CITIZEN

## by Gideon Umira, Form 2T

Black white

Red white

Green lights

Freedom fought for through the night

Masquerading parades of opposition

Forcing people into fright

Pain from the wounds within

Streets painted red cause of the blood shed

Goodness & enjoyment cause of the fights

Sweat dripping down wounded bodies

Adding insult to injury

No more sunshine since the smoke from the ships when they docked.

Wow.

This is what I mean when I say that I am a CITIZEN!

## **MELODY**

## by Dion, Zachary & Jonathan

## VERSE 1 ~ DION

Innocence comes through blood, but your love I can't buy. For you to take me.

Make me believe that there's love up above. God you heal me, protect me and care for me.

What else can I ask than love you back.

The shadows keep away

coz your arrows of light are so bright

even a blind man can see

that the earth is becoming for incoming its changing.

Think about it to wish about it. God he is not abandoning us.

He is discipling us.

## **CHORUS**

melody \*8 Unto Him, Unto Him Melody \*8

## **VERSE 2 ~ JONATHAN**

If I could get back what I lost
I would give out anything
I am lost in thought
Thinking of how I will leave these things,

I just remembered how I messed up pushed my friends away.

Never got to tell my mama sorry for the pain, and when I try to act so different.

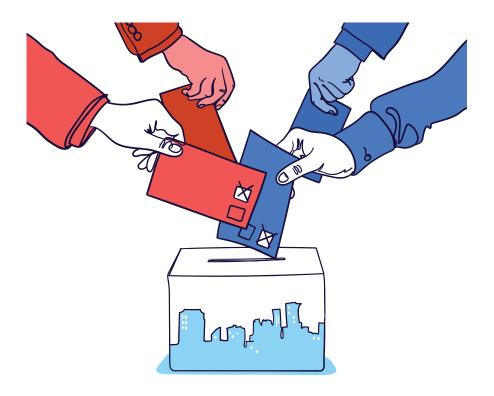
People say I'm still the some.

And I hope I will be something great.

So I will come and give you all the.....

## **VERSE 3 ~ZACHARY**

Searching in the darkness
Looking for a light
Hoping when I find it
It won't be too bright.
My daddy gave me guidance
Taught me how to pray
Take it to the Lord he always used to say.
My God he gave me life to breathe
He gave me eyes to see
And it is written all His great plans for me.
Plans to make me prosper
Plans to make me great
Plans to lift me up
If you stay true and straight.



## **THE BALLOT**

# by Loise Hinga, Class Of 2022

- So on comes the norm

  And all the candidates have something to say

  When the signs are all up with their party names

  Songs creatively coming convincing the voters

  War and peace intertwine

  Does history provide past lessons learned?
  - But I'm glad today we have a choice
    To make our mark and raise our voice
    To choose leaders of integrity this year
    Who will uphold the values we hold dear
    May we choose the best
    Above the rest

Among us may peace replenish
That our morals may embellish
May we strive for brotherhood across the nation
Keeping in mind the direction of our decision
Patriots remember the previous internally displaced
Our motherland displayed globally how it defaced



## **LOWELL MASIBO CLASS OF 2021**



# WHAT ARE THE HARDEST AND BEST EXPERIENCES YOU HAVE HAD DURING THE COVID-19 PANDEMIC?

Unprecedented circumstances tend to bring out both the best and the worst out of any human being and the truth in this statement is brought out by the challenges presented by the Covid -19 pandemic. The virus has ravaged the world causing all kinds of havoc at both individual and global levels. However it has also resulted in some good experiences in the lives of various individuals and consequently the experiences stemming from Corona virus can be duly discussed and elaborated upon.

From the onset of the pandemic in the country, it was crystal clear that normalcy as we know it would be forever altered. It was not long before there was a presidential directive ordering the closure of schools much to my personal dismay. Students country wide, I included, were forced to continue with their studies remotely through various technologies. This proved to be quite a challenge as many a time there would be power outrages or lagging in the internet connection which would result to little or no learning. For some of my peers learning ground to a complete halt as online learning platforms were completely inaccessible.

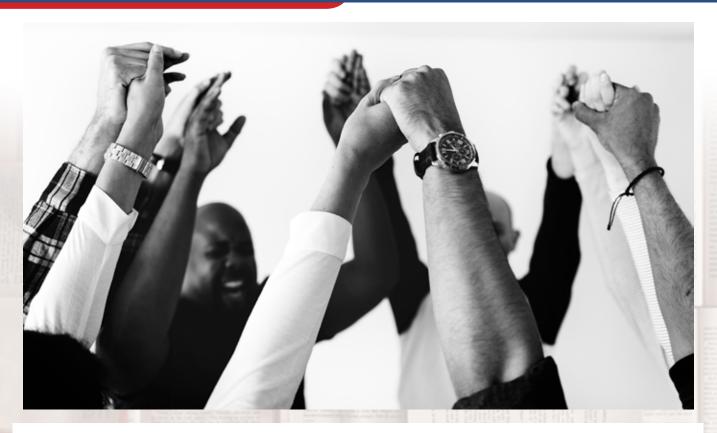
As a result of the government directives to combat Covid-19, all sporting activities had to be either postponed or cancelled all together. This led to massive job loss amongst athletes and those who work in the sports sector. All students who engaged in sporting activities such as athletics, football, basketball and handball had their dreams and aspirations put on hold for an extended period of time. As an avid basketballer I was greatly dismayed to find out that even the Kenya 3\*3 national team tryouts, of which I had been called for, were cancelled. Nevertheless, student athletes country wide took heart in the saying, what is delayed is not denied and that brighter days were surely on horizon.

As human beings we all are bound at one point or the other to face fear or anxiety as a result of the unknown. This truth is amplified by the enigma of Covid-19 and it has resulted in many a person facing mental health challenges at one point or another. It is particularly worrying that the number of suicide cases amongst teenagers are at an all-time high, showing that they too are susceptible to mental health challenges. This was particularly tragic at a personal level as a good friend succumbed to the menace of suicide while several others battled with chronic depression. All these reports of people facing mental health challenges necessitate a paradigm shift in society in order to eradicate the stigma and enigma surrounding mental health.

To every coin there are two sides and on the flip side, the extended period of time at home allowed for ample time for learners to engage in development of various hobbies and pursue other non-academic interests. The increased time on the internet allowed many learners to get their feet wet in learning a vast array of skills such as playing a musical instrument, learning chess or even learning how to do computer coding. On the internet there are many short courses available both for free and at a fee. Learners put to good use this availability by engaging in short courses with the fields of film and videography being the most common. I was able to engage in the short course International Computer Driving Licence (ICDL), which I believe expanded my horizon in computer literacy. This is a small sample of how many learners were able to gain skills whilst building their portfolios during the lockdown time.

The many non-academic hours during the pandemic also allowed for many learners country wide to engage in community service activities in an effort to ease the burden of the pandemic on the back to the community and help provided for less fortunate. At the Vikapu Elite Basketball Academy that I am affiliated with, we were able to raise funds through the Skip a Lunch Feed a Child Initiative for the Paradise Children's home in Kibera. This taught me and other students who were able to participate in such activities the very important lesson of gratitude for what we have and bearing the burden of the less fortunate in the society.

In conclusion, the Covid 19 pandemic has proven to be difficult to combat while at the same time it has brought to perspective the ingenuity of mankind. It is therefore fair judgement to say that even though the pandemic has brought some good experiences with it. The havoc and loss of lives both directly as a result of the virus supersedes any positive effects. Its impact shall surely be felt for generations to come.



# **ROY JAKINDA OLUMBE**

Kidato cha 4T

## NAFASI YA VIJANA KATIKA KUKUZA UMOJA NA UWIANO WA KITAIFA

Vijana ndio viongozi wa kesho! Bila shaka safari ya kesho huandaliwa leo, nao wanafaa kupewa mafunzo aula yatakayowafaa wanapochukua hatamu za uongozi. Weledi husema, ukitaka mmea unawiri, utaupalilia, uunyunyizie maji na kuutilia mbolea. Vivyo hivyo, vijana wakifunzwa makosa ya jadi na jadudi ya ukabila na ukosefu wa amani nchini hayatarudiwa bali kutupiliwa katika kaburi la sahau.

Katika nchi nyingi Barani Afrika, Kenya ikiwa mojawapo, asilimia kubwa ya watu waliyomo ni vijana. Tukifunzwa umuhimu wa kutowabagua wengine katika misingi ya kikabila, jinsia na rangi, watu watashikamana na kusaidiana kuimarisha Umoja na nchi kiuchumi. Chambilecho wahenga kinolewacho hupata aidha kinga na kinga ndipo moto uwakapo.

Vijulanga wa leo wana maarifa chungu nzima. Wana uwezo wa kutumia TEKNOHAMA. Nchi bora ya kesho ni ile itakayokuwa na ujuzi mwingi wa kiteknolojia. Tukiwapa fursa ya kujiboresha sasa hivi, za suoni watafurahia matunda ya bidii yao.

Wakati wa kampeni za uchaguzi, wanasiasa wanajihusisha sana na kina nani? Si vijana wenzangu? Wanasiasa wanajua uzito wa kura za vijana. Wao hufanya juu chini wapewe kura zao. La muhimu ni kuwa vijana wanafaa kutambua haki zao. Hakuna

atakayewalaghai wapatapo uwezo wa kuwapiga kalamu viongozi fisadi wanaoshindwa kuwajibika na kutatua majanga kama ugonjwa na umaskini. Kumbuka, wajinga ndio waliwao, wasipoelimika watatumiwa kuzua vurugu!

Vijana ni vioo vya jamii. Wao wanafaa kuwa kielelezo bora kwa wachanga japo kile kifanywacho na wengi ndicho wanachoiga na kukifanya liwe zuri au baya. Wazee waijikaze kisabuni kuishi kwa Amani na kuwafunza maadili. Haya yakiwa mazoea, itakuwa kawaida kama sheria kuyatenda katika maisha yao kila uchao.

Fahali wawili wapiganapo, nyasi ndizo huumia. Viongozi wanapopigana, wanaoumia ni vijana. Aidha, matendo haya huzaa mbegu za chuki kwa kisingizio cha kulipisha kisasi. Wanasiasa hufanya vivi kwa ubinafsi wao na matendo ya kihawayani. Usipoziba ufa, utajenga ukuta. Tuutupilie mbali ubinafsi na tukuze Umoja katika jamii zetu.

Muundo msingi wa jamii ni vijana. Ukitaka kujenga jumba dhabiti, msingi wake lazima uwe imara. Wao wakiungana na kuishi katika Umoja, bila shaka taifa litakuwa likifuata mwelekeo mwema wa kuijiendeleza kiuchumi.

Ni wajibu wa kila mmoja wetu kushirikiana kuhakikisha kudumishwa kwa Umoja na Amani. Inna, Umoja ni nguvu, utengano ni udhaifu.



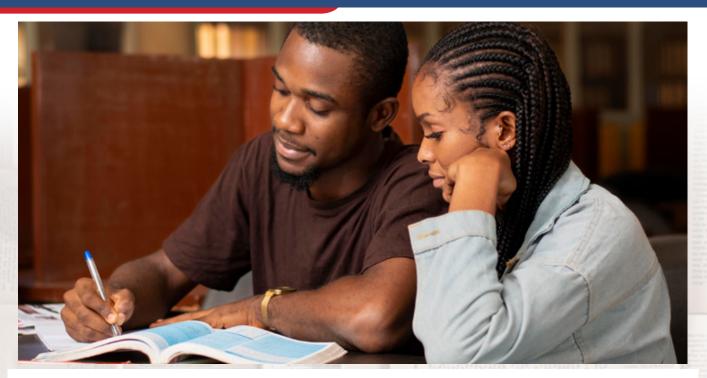
## **DUNIA!!!**

Kila insi ukimwona, kwa kedi haishikiki, Si mzee si kijana, kuabudu hawataki, Rabuka washamkana, yakini hawamtaki, Dunia imebomoka, kutoroka twende wapi?

Namna tunavyoona, watu walioja' chuki, Ni ishara tunaona, mazuri hatuyataki, Kila mtu ukimwona, amefura kwa hamaki, Dunia imebomoka, kutoroka twende wapi?

Dunia imebomoka, maisha haya mafupi, Ni kiama kimefika, kutoroka twende wapi? Kila kitu ki mashaka, mema ya Mungu hatupi, Dunia imebomoka, kutoroka twende wapi, Taasisi tunaona, maghashi tu taabani, Kufirika wavulana, hawa ni viumbe gani? Masuala tunayaona, ni hasi ulimwengu Dunia imebomoka, kutoroka twende wapi?

Dunia inazozana, dhiki zimetumiliki, Madhila yamejazana, si Kusini si Mashariki, Rabuka tushamkana, twende wapi kushitaki? Dunia imebomoka, kutoroka twende wapi?



## **LOWELL MASIBO**

Kidato cha 4

## **NIDHAMU MIONGONI MWA WANAFUNZI**

Upotovu wa nidhamu katika shule za upili umekita mizizi miongoni mwa wanafunzi. Maovu mengi wanayatenda, ambayo hayaambiliki wala kusemezeka! Wengi wamesahau kuwa silika njema huleta heshima. Hali hii imechangiwa na mengi, yakiwemo machache ambayo nitayajadili hapa. Utovu huanza kwa tendo dogo ambalo hupuziliwa bila kung'amua kuwa; Tindi moja, indi mbili, tindi tatu huwa mazoea.

Wanagenzi wengi hujitumbukiza katika ulingo wa anasa kutokana na mengi wanayoyasikia na kutazama kwenye vyombo vya dola. Wanayaiga mengi wanayoyatazama kwenye, runinga, video na hata kwenye mtandao aghalabu kila uchao na baadaye kudhahirisha ya wahenga kuwa atangaye sana na jua hujua bila kujua kuwa si vyote ving'aavyo ni dhahabu.

Msukumo wa marika umewafanya wengi kuyaparamia yanayowatia doa katika maadili. Wanafunzi wanafaa kujua jinsi ya kuchuja mazuri kutoka maabaya na wafahamu kuwa mmoja akioza na mtungo pia. Kwani, rafiki yako ndiye kioo cha tabia zako. Wakorintho wa kwanza 15:33 katika Biblia inashadidia kuhusu haya. Wengi kwa kutaka kujihusisha na makundi fulani wamejipata wakiyafanya yale ambayo yalikuwa mwiko kwao.

Kwa vile mwana hutazama kisogo cha nina, wanafunzi wengi wana utovu wa nidhamu kwa sababu ya kukosa kielelezo chema nyumbani kwao. Wazazi wanafaa kuwa makini kwa yale wanayoyafanya kadamnasi ya wana wao. Iwapo wao huzua vurugu kila uchao, kubugia vileo wakiwa pamoja nao na kadhalika. Bila shaka wao watawaiga na mwishowe kujitia katika msiba wa kujitakia ambao hauna kilio. Wengi watawaelekezea wadarisi wao kidole cha lawama

na kuwataka wao kuyarekebisha yale ambayo wao wenyewe walisababisha.

Kutoboka kwa kiatu si mwisho wa safari. Suluhu ya utovu wa nidhamu miongoni mwa wanafunzi iko miongoni mwetu. Wanafunzi, walimu na hata wazazi wanafaa kuwajibika na kushirikiana kulitatua tatizo hili sugu ambalo limekuwa donda ndugu. Tukumbuke kuwa mja haishi kuumbwa. Tusikate tamaa na kuwaacha wanafunzi kuangamia. Hakuna marefu yasiyokuwa na ncha

Weledi husema, samaki mkunje angali mbichi. Shule zibuni vitengo vya ushauri nasaha. Utovu wowote wa nidhamu usipuziliwe mbali. Lishughulikiwe kwa kupewa ushauri kabla ya wao kuwa sugu. Jamii kwa jumla inafaa kuwajibika kuendeleza hili kwani kinga na kinga ndipo moto uwakapo. Kila mtu akiwajibika chungu kitainjikwa, likiwa moja...... itakuwa bure bilashi!

Serikali nayo ina wajibu wa kudhibiti yale yanayosemwa na kuonyeshwa katika redio na televisheni. Wazo la kubuni halmashauri ya kudhibiti video (KFCB) lilikuwa wazo zuri na bila shaka tunafaa kulipigia upato kwa kuwa chema bila shaka huvishwa pete.

Wanafunzi nao wana wajibu wa kuepukana na mabaya. Wakumbuke kuwa mchezea tope humrukia. Wawaambae wasena wanaowapotosha na kuungana na wale wanaowajenga bali sio kuwabomoa.

Maji yakizidi unga, walimu hawana budi kutumia kiboko kuwarekebisha. Japo hawafai kuzidisha hili kiasi cha kuwaumiza na kuwapeleka njia za marahaba! Sana ikizidi sana huwa ni makosa sana Adhabu hii inafaa kuwa ya lengo la kurekebisha ila si kuumiza na kulipiza kisasi kama ilivyokuwa hapo awali. Hili pamoja na njia nyinginezo litarekebisha utovu wa nidhamu.

# 2022 CALENDAR OF EVENTS

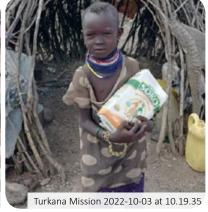




4th Jan	Opening Day, Term 3, 2021
2nd Feb	Hosted 5 Jovial Education Centre students – subject facilitators, class, KCSE
11th Feb	Ball Games with Cardinal Otunga at TRCHS: Football 0-3; Girls Handball 12-2;
	Boys Basketball 17-21; Girls Basketball 7-14
12th Feb	Prefect Training by Teens Impact Africa
	KUCCPS Registration
14th Feb	Annual Food Collection
	Scouts Rabbit-Rearing Project
20th Feb	Class of 2021 KCSE Prayer Service
22nd Feb	Team Building Activities: TIA
23rd Feb	Career Day
4th Mar	Closing Day
14/3-1/4	KCSE 2021











# Student Government







# 2021

## HEAD BOY

Lowell Masibo

#### **HEAD GIRL**

Mirriam Mwongela

#### **DEPUTY HEAD BOY**

Victor Njoroge

## **DEPUTY HEAD GIRL**

Loise Hinga

## **ENVIRONMENT AND SANITATION PREFECT**

Ian Kivite

## **DINING HALL PREFECTS**

Dion Phoro, Sandra Gathoni

#### SCOUTS PREFECT

Mark Collins

# **CLASS PREFECTS**

F 2T	Ryan Wamira, Angel Adhiambo
F 2R	Thon Lual, Esther Kamau
F3T	Robertson Ombuna, Mitchell Wangare
F3R	Ryan Mike Mugambi, Lexy Hope
F4	Roy Jakinda, Breanna Ndwiga

# 2022

## **HEAD BOY**

Hazon Songoro

## HEAD GIRL

**Lexy Hope** 

## **DEPUTY HEAD BOY**

Ryan Wamira

# **DEPUTY HEAD GIRL**

Angel Adhiambo

## **ENVIRONMENT AND SANITATION PREFECTS**

Mark Colin, Harriet Wang'ombe

# **DINING HALL PREFECTS**

Thon Lual, Nyla Minewa

## **SPORTS PREFECTS**

Sean Njuguna, Margaret Muriuki

## **UNIFORM AND LIBRARY PREFECTS**

Kevin Mburu, Daisy Kagwe

## **SCOUTS PREFECTS**

Kevin Kariuki, Sharon Ng'enda

## CLASS PREFECTS

CLA33 F	CLASS FILL LCTS	
F1T	Carl Mwenda, Laura Wanjiru	
F1R	Mark Kariuki, Cindy Nasimiyu	
F2T	Solomon Kungʻu, Vickie Rubera	
F2R	Zachary Kariuki, Miriam Moses	
F3	Victor Njoroge, Mitchell Wangare	



# **Programme**

# Guest Speaker:

Dr. Ciriaka Gitonga, Dean of Education, University of Embu Career Panel, MC Mr. Kihonge

## Panelists:

Cynthia Nyamai, KBC newscaster; Dr. Catherine Kaleli, Dean of Students, KMTC, Mathari Hospital campus;
Dr. Simon Karuku, University of Embu, Mathematics;
Mr. Otieno, Music Manager; Dr. Peter Rugano, University of Embu, Chemistry;
Dr. Collins Asweto, University of Embu, Epidemiologist; Dr. Florence Njau, Utalii College.











# THE PRESIDENT'S AWARD-KENYA (PA-K)

Adventurous Journey to the hills of Machakos, 10th - 12th March, 2022























# BULLETIN HIGHLIGHTS

## POWERFUL PRAYER POINTS

Bishop David Hinga (Loise, Form 2, TRCHS Prayer Partners)



**Pray without ceasing.** 1 Thessalonians 5:16 (KJV) Prayer is simply talking to God like a friend and should be the easiest thing we do each day.

The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace. Numbers 6:24-26

Lord, bless my children. Give them hearts that follow after you and ability to cope with all the current pressure in school and at home.

Who are those who fear the Lord? He will show them the path they should choose. They will live in prosperity, and their children will inherit the land. Psalm 25:12 Dear Lord, I pray that our children will follow you whole heartedly; that you will prosper their minds to understand what they are taught; that our class 8 and Form 4 candidates will excel this year; that our school will shine in excellence in Jesus' name.

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. Matthew 7:7 Let's keep interceding for our children.

Praise the Lord! Blessed is the man who fears the Lord, who delights greatly in His commandments. His descendants will be mighty on earth; the generation of the upright will be blessed. Psalm 112:1

As you face this day, claim this prophetic promise for your children.

Behold, I and the children whom Jehovah hath given me are for signs and for wonders in Israel from Jehovah of hosts, who dwelleth in mount Zion. Isaiah 8:18 (ASV)

As you face this day, make this prophetic confession, "my children are for signs and wonders."

All your children shall be taught by the Lord, great shall be the peace of your children. Isaiah 54:13 (NKJV) As you face this day, claim this scripture for your dear children.

This is the confidence we have in approaching God: that if we ask anything according to his will, He hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him. 1 John 5:14

As we pray for our children, let's go to God with confidence. If we pray anything according to His will He will do it.

The Lord is my strength and my shield; My heart trusted in Him, and I am helped; Therefore my heart greatly rejoices, and with my song I will praise Him. Psalm 28:7 (NKJV)

JOYFULNESS is a peaceful feeling that keeps us smiling on the inside even when bad things happen around us.

As you continue trusting the Lord for everything that you have been praying for, start rejoicing in thanksgiving for your answer is just about.

Children are a gift from the Lord; they are a reward from Him. Psalm 127:3 (NLT)

As we pray for our children, let's remind the Devil that he has no right over our children, they are God's gift to us.

As for you, if you walk before me faithfully, with integrity of heart and uprightness, doing according to all that he has commanded him... 1 Kings 9:4

Dear Lord this morning I humbly present our children to you. Give them minds and hearts that remain faithful to

You all the days of their lives in Jesus' name.

Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart. Jeremiah 29:12

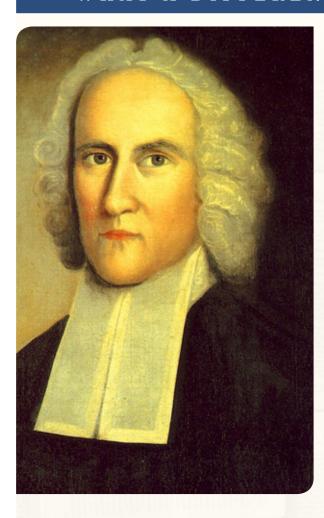
As we pray for our children, let's seek the face of the Lord earnestly and we will find Him.

The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace. Numbers 6:24-26

Can we make this prayer together? Lord, bless my children. Give them hearts that follow after You and ability tocope with all the current pressure in school and at home.

# WHAT A DIFFERENCE!

## BULLETIN No. 37 17th December, 2021



Jonathan Edwards, was a Puritan Preacher in the 1700s. He was one of the most respected preachers in his day. He attended Yale at the age of thirteen and later went on to become the president of Princeton college. He married his wife Sara in 1727 and they were blessed with eleven children. Every night when Mr. Edwards was home, he would spend an hour conversing with his family and then praying a blessing over each child. Jonathan and his wife Sarah passed on a great, godly legacy to their children.

An American educator, A.E. Winship decided to trace the descendants of Jonathan Edwards almost 150 years after his death. His findings are remarkable, especially when compared to another man from the same time period known as Max Jukes.

Jonathan Edwards' legacy includes:

1 U.S. Vice-President,

1 Dean of a law school.

1 dean of a medical school,

3 U.S. Senators,

3 governors,

3 mayors,

13 college presidents,

30 judges,

60 doctors.

65 professors,

75 Military officers,

80 public office holders,

100 lawyers,

100 clergymen, and

285 college graduates.

How may this be explained? Edwards was a godly man, but he was also hard working, intelligent and moral.

Furthermore, Winship states, "Much of the capacity and talent, intensity and character of the more than 1,400 of Edwards' family is due to Mrs. Edwards."

Max Jukes' legacy came to people's attention when the family trees of 42 different men in the New York prison system were traced back to him. He lived in New York at about the same period as Edwards. The Jukes family originally was studied by sociologist Richard L. Dugdale in 1877.

Jukes' descendants included:

7 murderers,

60 thieves,

190 prostitutes,

150 other convicts,

310 paupers, and

440 who were physically wrecked by addiction to alcohol.

Of the 1,200 descendants that were studied, 300 died prematurely.

These contrasting legacies provide an example of what some call the five-generation rule. "How a parent raises their child — the love they give, the values they teach, the emotional environment they offer, the education they provide — influences not only their children but the four generations to follow, either for good or evil." What a challenging thought! If someone studied your descendants four generations later, what would you want them to discover? Do you want an Edwards' legacy or a Jukes' legacy? The life you live will determine the legacy you leave!

Adapted from the article by Larry Ballard



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